



...and maybe a little money, food, clothing or furniture too? Please.



Tel: 0161 228 7331 [mustardtree.org.uk](http://mustardtree.org.uk)

Creating choice and opportunity for people who are homeless and marginalised

eNewsletter June 2013 No.4

Food Poverty



With a recent survey highlighting that 500,000 people across the UK are currently relying on foodbanks, a figure expected to grow in the next few months, we can understand why our 2 food banks have doubled their activity in the past 12 months. Jim, Mustard Tree's Operations Manager is increasingly focused on developing joined up working across similar food providers, developing the necessary processes and infrastructure to meet the growing need for food. Jim recently took charge of a donation of 1 ton of sausages that needed to be distributed and stored in 36 hours! Whilst this was a significant donation, the logistics and the costs of distributing across the provider network were also significant.

Eccles Branch



You are warmly invited to the Mustard Tree Eccles Open Day on Thursday 20<sup>th</sup> June. Come and find out what we are doing and who we are working with. With contributions from; **DON'T BIN IT DONATE IT!** (What you can donate and what can you buy at affordable prices) **UNLIMITED POTENTIAL** (Support and advice on giving up smoking) **SALFORD HEALTHY COMMUNITIES COLLABORATIVE** (Advice on healthy living) **"CAKE HOLE" HISTORIES!** (Memories of living, working and growing up in Eccles) Come and sample the famous Eccles cakes! Activities & displays from 10.00am – 4.00pm, 15 Southway, Eccles Precinct.

"Wow!"



...is the response that most people give when they visit the Mustard Tree Jubilee Garden. Jayne the founder of Growbox manages the garden for us, she writes "The Garden Masters, Katie, Roy, Sonia are very much developing a positive network in the community and it's great to hear that working with the Mustard Tree they can create something very beautiful. Working with the Boaz Trust has been fantastic too and I must say without their tireless team watering, the garden wouldn't look as good as it has done, they have planted over 20K flower seeds, 10K veg seeds.

Stud110



An Exhibition of new and original art work at Mustard Tree

Under Graham's leadership, painting, drawing, drama, craft, and film making are just some of the creative art opportunities that we continue to offer to our clients and volunteers. Both canvases and lives get transformed as talents and voices sometimes hidden for a long time are rediscovered and celebrated. So we are very proud to present and invite you to this exhibition which will also feature a presentation from the **Mustard Tree Drama group** and live music. **27<sup>th</sup> June at 7.00pm** entrance via Bengal Street Red Door. We would love to see you!

Freedom



Last month we introduced our first 'official' Freedom Project graduation to celebrate those who have completed the 20 week work readiness programme. Special congratulations to Albert, Lee, Mark and Matthew who recently completed the project and were presented with certificates by Adrian. Reflecting on his time on the project, Mark stated, *'It's been a really valuable experience and there have been immense personal benefits. I've built up a stable routine, organisational skills and it's given me a purpose. I would encourage more people to try it!'* Also, huge congratulations to Ade and Anthony (former trainees) who have both moved into employment this last month. Anthony has gained work in a security role, while Ade is now a customer service team member with Timpson, the shoe repairers.

Thank you



Over the last few weeks, we have been so encouraged by a steady stream of people wanting to raise money for Mustard Tree. We have seen models walking down the catwalk for the Heel Appeal, people getting physical by competing in various events; Greater Manchester Marathon/BUPA Run, and further afield the Iron Man, Majorca (Simon pictured). Recently, our friends at Parsons Brinckerhoff have informed us that they will be taking part in a Sponsored Team Swimathon whilst our friends at The Gate Films will be tackling the Lakeland Way & the 'Tough Mudder!' This income is a lifeline and supports us to keep pursuing our long haul task of providing choice and opportunity for people who are homeless and marginalised. Thank you. Adrian CEO

"The one thing they asked was that we should continue to remember the poor" Gal 2:10

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