

LITTLE HULTON COMMUNITY/ACTIVITY TIMETABLE – January to March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Next Steps MOffice for Employment – Corinth 14th January 1.00pm – 3.30pm</p> <p>Walkden Gateway</p>	<p>First Steps Confidence Course (Positive You) Big Local 15th January- 5th march 10.00am – 12.30pm</p> <p>Salford Health Improvement</p>	<p>Exercise for All Guild Hall (Walkden) 10.00am to 12.30 am</p> <p>Salford health Improvement</p>	<p>Next Steps IT 17th January Walkden gateway 9.30am-12.00pm</p> <p>Corinth Training</p>	<p>Next Steps ESOL for Employment & Living Starts 18th January 10am – 12.30pm</p> <p>Mustard Tree</p>
<p>Weigh Ahead Starts 21st January-25th March 1.30pm-2.30pm Little Hulton Library Salford Health Improvement</p>	<p>CAB Crisis Team Drop in Mustard Tree 10.00 am – 12.30 pm</p>	<p>Footsteps <i>(Next steps confidence)</i> 23rd January At One Stop Shop <i>(Little Hulton District Centre)</i> 5.30pm – 8.30pm Salford Health Improvement</p>	<p>Games Club Health Improvement Team 11am – 12.30pm Big Local</p>	<p>First Steps ESOL for Employment From 18th January 1.00pm-3.30pm Mustard Tree</p>
<p>Chair Aerobics Every TWO weeks Starts 7th January 11-12pm Mustard Tree</p> <p><i>(please wear comfortable clothing)</i></p>	<p>Job Club 10.00 am – 12.00 pm Little Hulton Library</p>	<p>Customer Service Course Starts 27th February 11.00am – 2.20pm Mustard Tree For 6 weeks</p>	<p>Care, Craft & Chat 1st & 3rd Thursday of the month 12.30-3.00pm Wharton & Cleggs Lane Church & Community Centre Joan 01942790641</p>	<p>First Steps IT 18th January Walkden gateway 9.30am-12.00pm</p> <p>Corinth Training</p>
<p>We signpost to other courses/services that will benefit our Freedom Volunteers into progression including CSCS card training, Forklift Truck Training with Resources NE, Mentoring course with Society Inc. Computer courses, maths & English with Corinth Training and Skills for Work</p>				