

## FREEDOM ACTIVITY TIMETABLE (MUSTARD TREE & LOCAL AREA) – March to June 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Teaching Adults Course</b> Starts Monday 15<sup>th</sup> April For 8 weeks (<i>excluding bank holidays</i>) By Corinth Training 10.00-12.30pm at <b>Mustard Tree</b></p>	<p><b>Art Workshop</b> 12.00pm to 3.00pm Painting/drawing/Knitting Crafts/Ceramics  <b>Mustard Tree</b></p>	<p><b>National Careers Service</b> 1-1 Careers advice and Support Every 2 weeks starting 20<sup>th</sup> March 10-3pm <b>Mustard Tree</b></p>	<p><b>First Steps IT</b> On 18<sup>th</sup> April (8 Weeks)  At Walkden gateway at 10am-12.30pm  <b>Corinth Training</b></p>	<p><b>Pre-Entry ESOL for Employment</b> Starts 26<sup>th</sup> April at <b>10am – 12.30pm</b> <b>Mustard Tree</b></p>
<p><b>ESOL Class</b> Wai Yin Society <b>Little Hulton Big Local</b> Starting 29<sup>th</sup> April for 10 weeks. <b>10am – 12.30pm</b> <i>To book contact Susan Crabb on 07832996498</i></p>	<p><b>CAB Crisis Team Drop in</b> <b>Mustard Tree</b> 10.00 am – 12.30 pm</p>	<p><b>Footsteps</b> (Next steps confidence) 15<sup>th</sup> May (10 weeks) <b>At One Stop Shop</b> (Little Hulton District Centre) 5.30pm – 8.30pm <b>Salford Health Improvement</b></p>	<p><b>CAB Drop in service</b> at <b>Little Hulton Library</b> from <b>10.00am – 12.30pm</b></p>	<p><b>Next Steps ESOL for Employment &amp; Living</b> Starts 26<sup>th</sup> April at <b>1.00pm-3.30pm</b> <b>Mustard Tree</b></p>
<p><b>Next Steps Office Work &amp; Admin</b> By Corinth Training <b>Starting 15<sup>th</sup> April (8 weeks)</b>  At <b>Walkden Gateway</b>  <b>1.00pm – 3.30pm</b></p>	<p><b>First Steps Confidence Course (Positive You)</b> <b>Little Hulton Big Local</b> 4<sup>th</sup> May (7 weeks) at 10.00am – 1.00pm  <b>Salford Health Improvement</b></p>	<p><b>First Steps Customer Service &amp; Office Work</b> By Corinth Training  Starts 15<sup>th</sup> May (8 Weeks) at <b>Mustard Tree</b>  11.00am – 2.20pm  For 6 weeks</p>	<p><b>Care, Craft &amp; Chat</b> 1<sup>st</sup> &amp; 3<sup>rd</sup> Thursday of the month 12.30-2.30pm <b>Wharton &amp; Cleggs Lane Church &amp; Community Centre</b> Joan 01942790641</p>	<p><b>Wellbeing Community Connector</b> <b>Wellbeing matters</b> <b>Book by GP only</b> <b>For 1-1 support</b> <b>12.30-3.30pm</b>  <b>Mustard Tree</b></p>
<p><b>We signpost to other courses/services that will benefit our Freedom Volunteers into progression including CSCS card training, Forklift Truck Training</b></p>				

with Resources NE, Mentoring course with Society Inc. Computer courses, maths & English with Corinth Training and Skills for Work